

CONDUCTING TESTS

| P/N | Description | Unit Volume | Stock Conc. WB/PRP | Final Conc. WB/PRP | Volume Per Test | | Tests Per Unit | |
|-----|------------------|--------------|-----------------------|--------------------------|-----------------|-------|----------------|-------|
| | | | | | WB* | PRP** | WB | PRP |
| 386 | Thrombin | 1.0 mL | 10 Unit/mL | 1 Unit | 100µL | 50µL | 10 | 20 |
| 385 | Collagen | 1.0 mL | 1 mg/mL | 2µg/mL | 2µL | 1µL | 500 | 1000 |
| 390 | Arachidonic Acid | 0.7 mL | 50 mM | 0.5 mM | 10µL | 5µL | 70 | 140 |
| 396 | Ristocetin | 0.5 mL | 125 mg/mL | 1.0 mg/mL/ 1.25 mg/mL | 8µL | 5µL | 62 | 100 |
| 395 | Chrono-lume | 4x1.25 mL | N/A | N/A | 100µL | 50µL | 50 | 100 |
| 384 | ADP | 5.0 mL | 1 mM | 10µM | 10µL | 5µL | 500 | 1000 |
| 393 | Epinephrine | 5.0 mL/50 mL | 10 mM/1 mM | 50µM/5µM | 5µL | 2.5µL | 1000 | 10000 |
| 387 | ATP Standard | 5.0 mL | 2µmole | 2 nmole | 5µL | 5µL | 1000 | 1000 |

* In a 1.0 mL sample – typically 450 µL blood diluted with 450µL of physiological saline plus 100 µL of CHRONO-LUME Reagent or 1.0 mL blood sample without CHRONO-LUME when testing with Ristocetin.

** In a 500µL sample – typically 450 µL platelet rich plasma plus 50 µL of CHRONO-LUME Reagent or 500 µL platelet rich plasma without CHRONO-LUME when testing with Ristocetin. (Reduce volumes by HALF with P/N 365 rubber spacers for a 250 µL microvolume sample.)

NOTE: Multiple Stock solutions are not required. To change Final Concentration, adjust pipette volume.

NOTE: For best results, reconstituted working reagents should be kept on ice. Reconstituted CHRONO-LUME®, EPINEPHRINE, ARACHIDONIC ACID and RISTOCETIN should also be kept in the dark.

Since each test requires only micro-volumes of reagent, it is essential that introduction of excess reagent be avoided. Therefore, remove the excess reagent adhering to the outside of the tip by wiping the outside of the micropipette tip after drawing the reagent.

It is important that the tip of the micropipette is immersed in the sample and the reagent forcefully injected. **DO NOT** introduce the reagent above the sample in the cuvette or run down the side of the cuvette since the reagent will cling to the side of the cuvette and will not mix with the sample.

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Normal Ranges

NOTE: The following Normal Ranges were obtained from various laboratories and publications. They should be used as a guideline only. Normal ranges should be established for aggregation and ATP release in each and every laboratory.

| Normal Ranges in Platelet Rich Plasma (Mean +/- 1 SD) | | | |
|---|------------|------------------------|--------------------------|
| Reagent | Conc. | Agg. (%) ² | ATP (nmole) |
| Thrombin | 1 Unit | N/A | >0.5 ³ |
| Collagen | 2µg/mL | 70 - 94 | 0.74 - 1.92 ³ |
| Arach. Acid | 0.5 mM | 74 - 99 ^{3*} | 0.56 - 1.40 ³ |
| ADP | 5µM | 69 - 88 | 0.41 - 0.63 ³ |
| | 10µM | 71 - 88 | 0.5 - 1.06 ³ |
| Epinephrine | 5µM | 78 - 88 | 0.40 - 0.52 ³ |
| Ristocetin | 1.25 mg/mL | 87 - 102 ^{3*} | N/A |

(** +/- 2 SD)

| Normal Ranges in Whole Blood (Mean +/- 2 SD) | | | |
|--|-------------------|---|---------------------------|
| Reagent | Conc. | Agg. (ohms) ¹⁶ | ATP (nmole) ¹⁶ |
| Thrombin | 1 Unit | N/A | >0.5 ⁴ |
| Collagen | 1µg/mL | 12 - 33 | 0.43 - 2.2 |
| | 2µg/mL | 15 - 27 ¹ | 0.5 - 1.7 ¹ |
| | 5µg/mL | 11 - 42 | 0.54 - 2.9 |
| Arach. Acid | 0.5 mM | 7 - 29 | 0.45 - 2.7 |
| ADP | 5µM | 5 - 26 | 0.11 - 2.0 |
| | 10µM ³ | 6 - 33 | 0.21 - 1.9 |
| Ristocetin | 1.0 mg/mL | > 5Ω; < 70 sec. lag time ⁵ | N/A |

CALCULATION OF ATP RELEASE – the AGGRO/LINK Software calculates ATP release. If using a chart recorder, the following formula is used for calculation:

$$\frac{\text{Luminescence of test}}{\text{Gain of test}} \times \frac{\text{Gain of standard}}{\text{Luminescence of standard}} \times 2 \text{ nmole}$$

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CHRONO-LOG
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CHRONO-PAR® AND CHRONO-LUME® REAGENTS FOR PLATELET FUNCTION TESTING & SECRETION STUDIES IN WHOLE BLOOD AND PLATELET RICH PLASMA

(For In-Vitro Diagnostic Use — Measuring platelet aggregation and ATP secretion in whole blood or platelet rich plasma)

(For Laboratory Professional Use)

INTRODUCTION

CHRONO-PAR® and CHRONO-LUME® reagents are used to confirm normal platelet function and to diagnose platelet dysfunctions.

The following CHRONO-PAR and CHRONO-LUME reagents are suitable for use in both Whole Blood and Platelet Rich Plasma:

- ADP (P/N 384)** – In PRP, with low concentrations, (<1µM), shape change is followed by primary aggregation and disaggregation. At higher concentrations of 1-5 µM a biphasic response is often visible. Second wave aggregation requires the synthesis of thromboxane A2 and is affected by cyclooxygenase inhibitors such as aspirin. Aggregation with ADP in Whole Blood requires higher concentrations of ADP (typically 5 to 20 µM).

Arachidonic Acid (P/N 390) – A direct test for prostanoid synthesis, as aggregation requires conversion to thromboxane A2 by cyclooxygenase, a process which is inhibited by aspirin. Responses from no aggregation to below the normal range frequently indicate drug ingestion some time during the previous days.

ATP Standard (P/N 387) – For the quantitation of ATP Release. Supplied as 2 µmole of lyophilized adenosine 5' triphosphate. 5 µL added to any size test sample provides a 2 nmole standard.

CHRONO-LUME (P/N 395) – For the quantitation of ATP Release in the detection of aspirin use and the diagnosis of Storage Pool and Secretion Disorders. Luciferin-Luciferase binds with ATP, generating light, which is proportional to the amount of ATP released by the platelets in the test sample.

NOTE: CHRONO-LUME reaction is time and temperature dependent. Be sure to incubate with each sample for two minutes only before starting test.

Collagen (P/N 385) – A lag phase follows addition of reagent to test sample, during which collagen polymerizes into fibrils for platelet activation. Low concentration collagen (1-2 µg/mL) is inhibited by cyclooxygenase inhibitors such as aspirin; normally, higher concentrations (5µg/mL) are not affected.

Epinephrine (P/N 393) – Shape change is not seen with this agonist. Higher concentrations (≥5 µM) produce a biphasic curve with second-wave aggregation dependent on thromboxane A2 synthesis. Epinephrine is not recommended as a standard agonist for Whole Blood testing clinically, as fewer than 50% respond to this very weak agonist. The recommended anti-coagulant for Whole Blood testing with epinephrine is 1.5% trisodium citrate with 2 U Heparin per mL of citrate.

Ristocetin (P/N 396) – For the detection of von Willebrand Disease (a quantitative or qualitative defect in plasma von Willebrand Factor) and Bernard Soulier Syndrome (a lack of platelet membrane glycoprotein GPIb) and Glanzmann's Thrombasthenia with aggregation-disaggregation pattern. Ristocetin results can also be affected by aspirin.

Thrombin (P/N 386) – For the quantitation of maximum ATP Release at 1U/mL, not for aggregation. Secretion in response to Thrombin is independent of thromboxane synthesis. Absent or decreased secretion to Thrombin may be indicative of storage pool deficiency or a secretion defect.

NOTE: CHRONO-PAR Reagents are shipped at ambient temperatures. Upon arrival, store as recommended.

Material Required But Not Provided

- Aggregometer
- Cuvettes
- Stir Bars
- Micropipettes – Adjustable from 0.5µL to 100µL required for reagents.
- Pipettes – 100µL to 1 mL required for blood samples.
- CHRONO-LOG P/N 397 Saline - or Sterile physiological saline for irrigation (0.85% or 0.9% w/v) for CHRONO-PAR® Reagent preparation and for dilution of the Whole Blood specimen

Avoid blood bank saline because it may be an incorrect osmolarity. Cell counter diluents are not suitable because they contain EDTA, which inhibits platelet aggregation. Infusion salines are inappropriate because they contain benzyl alcohol or other preservatives/additives. Such preservatives inhibit platelet function.

- CHRONO-LOG P/N 398 Purified Water – or sterile bottled distilled water for irrigation are suitable for CHRONO-PAR® Reagent preparation.

Should be pyrogen free (ATP free) for reconstituting reagents and not contain preservatives such as benzyl alcohol which inhibits platelet function. DO Not use water from a Millipore System.

- Ice for maintaining Reconstituted Working Reagents at appropriate temperatures.
- Plastic conical tubes
- KimWipes®
- Electrode Assembly [Reusable]
- Electrode Assembly [Disposable] — See Instrument Manual for Reagent Instructions.

NOTE: All CHRONO-PAR Reagents should be thawed at room temperature or hand thawed and should not be placed in a warm water bath.

INTERPRETATION OF RESULTS

Aggregation and luminescent ATP secretion curves in blood and PRP can be interpreted as follows:

- By direct comparison to a normal drug free control which also provides real time quality control.
- Comparison to published normal values that can be verified and reproduced by any laboratory.
- Collagen or Arachidonic Acid releases ATP equal to or greater than 50% of that released in response to Thrombin. ADP and epinephrine induce less ATP release.
- In a study of one hundred and six patients with storage pool deficiency (SPD), 23% had normal optical (PRP) aggregation responses to ADP, epinephrine and collagen; and 44% had miscellaneous aggregation abnormalities. The authors concluded that SPD is common, heterogeneous and not necessarily associated with optical (PRP) aggregation abnormalities.⁷
- Simultaneous measurement of aggregation and ATP release provides unequivocal evidence of dense granule secretion.⁵ The threshold value at which storage pool deficiency should be considered has been reported to be less than 0.5 nmole ATP in response to 1U thrombin.⁴

LIMITATIONS

- Tests should be performed within 3 hours of venipuncture.
- Many drugs inhibit platelet function. Unless the aim of testing is to demonstrate drug-induced inhibition, patients should be free of drugs known to affect platelets for two weeks prior to testing.
- For a platelet count of <225,000/µL, run ADP tests UNDILUTED.
- Further Clinical and Laboratory evaluation may be required to confirm diagnosis.

QUALITY CONTROL

It is good laboratory practice to run a normal donor, free of drugs known to affect platelets, whenever reagents are reconstituted or thawed.


WARRANTY

CHRONO-PAR® AND CHRONO-LUME® REAGENTS which fail to demonstrate aggregation and release in normal controls free of drugs known to affect platelets, before expiration and when stored and reconstituted as directed, are replaced at no charge. This warranty applies only in the United States.

CHRONO-PAR® AND CHRONO-LUME® REAGENTS

| REAGENT | SUPPLIED AS | PREPARATION | SHELF LIFE & STORAGE | RECOMMENDED VOLUMES |
|--|--|---|--|---|
| ADP Cat. #: 384 Stock Conc.: 1 mM | 2.5 mg of a lyophilized preparation of adenosine diphosphate. | Tap vial gently to get contents to the bottom. Reconstitute with 5 mL of irrigation grade physiological saline . Allow to sit for 10 minutes with occasional inversion. | <i>Lyophilized Reagent:</i> Until expiration date, store frozen below 0°C. <i>Reconstituted Reagent:</i> One year or until the expiration date, store frozen at -70°C in volumes suitable for a day's testing. <i>Working Stock:</i> 8 hours at 2 - 8°C | <i>Diluted/Undiluted Blood:</i> Add 10µL of reagent to 1 mL sample for a final concentration of 10µM. Normal aggregation and ATP Release are seen in whole blood with final concentrations of 5 - 20 µM. <i>PRP:</i> Add 5µL of reagent to 500µL sample for a final concentration of 10µM. Normal aggregation & ATP Release are seen in PRP with final concentration of 5-10 µM. |
| Arachidonic Acid Cat. #: 390 Stock Conc.: 50 mM | Minimum of 10 mg of arachidonic acid with a purity of better than 99%. Albumin contains 100 mg of bovine albumin, fraction V powder, 96 to 99% pure. | First tap contents gently to the bottom of the vial of albumin . Remove stopper and reconstitute the albumin with 1mL of irrigation grade physiological saline . Allow to sit, then mix with occasional swirling. Allow 15 to 30 minutes for the albumin to go completely into solution (Check visually) and gently invert to take up any albumin in plug. The arachidonic acid in the vial is an oily drop, which must be shaken or tapped to the bottom of the vial. Break vial tip with Cap Cracker™ supplied. Pipette reconstituted albumin into both the tip and body of the vial in 100µL aliquots to a total volume of 700µL . Mix in arachidonic acid on the insides of the vial tip or body by rotating the vial as the albumin is added. Repeat a few times in each section of the vial then vigorously mix the suspension using a transfer pipette. Combine the suspension from the tip with that in the body of the vial and continue mixing until the suspension reaches maximum turbidity. Transfer reagent to microcentrifuge tube and vortex at highest speed for 5 minutes. The reconstituted reagent should appear very milky with numerous small bubbles. Vortex for 2 minutes just before running the test. | <i>Lyophilized Reagent: Albumin</i> – Until expiration date, refrigerate at 2 - 8°C. <i>A/A Oily Drop</i> – Until expiration date, store frozen below -20°C. <i>Reconstituted Reagent:</i> 3 months when stored frozen at -70°C in the dark in aliquots of 100µL; 1 month when stored frozen at -20°C in the dark. Aliquots can be hand thawed and vigorously re-suspended for 2 minutes with a vortex mixer just before use. <i>Working Stock:</i> 8 hours at 2 - 8°C in the dark as the Albumin is light-sensitive. | <i>Diluted/Undiluted Blood:</i> Add 10µL of reagent to 1 mL sample for a concentration of 0.5 mM. <i>PRP:</i> Add 5 µL of reagent to 500 µL sample for a concentration of 0.5 mM. Normal aggregation and ATP Release are seen with final concentrations of 0.5 mM in Whole Blood and 0.5 to 1.0 mM in PRP. |
| ATP STANDARD Cat. #: 387 Stock Amount: 2µmole | Lyophilized adenosine 5' triphosphate. | Tap vial gently to get contents to the bottom. Remove stopper, add 5mL of irrigation grade physiological saline for a 2 µmole Standard. Replace stopper and invert gently. Invert again before use. Allow to sit for 10 minutes with occasional inversion. NOTE: The appearance of the lyophilized ATP may range from particulate to a thin film coating. Either morphology is suitable for use after reconstitution. | <i>Lyophilized Reagent:</i> Until expiration date, store frozen below 0°C. <i>Reconstituted Reagent:</i> 2 weeks , store frozen in aliquots at -20°C <i>Working Stock:</i> 24 hours, at 2 - 8°C | <i>Diluted/Undiluted Blood:</i> Add 5 µL to 1 mL sample for a 2 nmole standard. <i>PRP:</i> Add 5 µL to 500µL sample for a 2 nmole standard. |

CHRONO-PAR® AND CHRONO-LUME® REAGENTS (continued)

| REAGENT | SUPPLIED AS | PREPARATION | SHELF LIFE & STORAGE | RECOMMENDED VOLUMES |
|---|--|--|---|---|
| CHRONO-LUME Cat. #: 395 Stock Conc.: 2 µM/L Luciferin/ Luciferase/ 1.25 mL | 0.2 mg Luciferin, 22,000 Units d-luciferase, magnesium sulphate, human serum albumin, stabilizers and buffer. | Tap vial gently to get contents to the bottom. Remove stopper and reconstitute with 1.25 mL of purified water . Prior to use, allow to stand for 20 minutes with occasional inversion. | <i>Lyophilized Reagent:</i> Until expiration date, store frozen below 0°C. <i>Reconstituted Reagent:</i> 30 days, store frozen at -20°C in aliquots suitable for a day's testing. <i>Working Stock:</i> 8 hours at 2 - 8°C in the dark. | <i>Diluted/Undiluted Blood:</i> Add 100 µL of reconstituted reagent to 900µL of diluted or undiluted blood to measure ATP release. <i>PRP:</i> Add 50 µL of reconstituted reagent to 450 µL of platelet rich plasma to measure ATP release. |
| Collagen Cat. #: 385 Stock Conc.: 1 mg/mL | Native collagen fibrils (type I) from equine tendons suspended in isotonic glucose solution of pH 2.7. | Can be used directly as supplied. Invert or swirl vial before use, as collagen fibrils are in suspension. Do not freeze. If required, collagen can be further diluted in isotonic glucose pH 2.7. NOTE: Because of its very low pH, organisms do not grow as readily. If aseptic techniques are used (sterile syringe and needle to place one day's use in conical microcentrifuge tube), remaining reagent, stored at 2 - 8°C, is stable until expiration date. Parafilm both original vial and aliquot. | <i>As Supplied:</i> Until expiration date refrigerate at 2 - 8°C. The reagent aliquot removed from the vial and stored in a conical microcentrifuge tube is stable for one week at 2 - 8°C when parafilm. | <i>Diluted/Undiluted Blood:</i> Add 1 µL of reagent to 1 mL sample for a final concentration of 1 µg/mL. <i>PRP:</i> Add 1 µL of reagent to 500µL sample for a final concentration of 2 µg/mL. Normal aggregation and ATP release are seen with final concentrations of 1-5 µg/mL. ¹⁵ |
| Epinephrine Cat. #: 393 Stock Conc.: 10mM for Whole Blood Testing 1mM for PRP testing | Lyophilized preparation of 1-epinephrine bitartrate with stabilizers.  | Tap vial gently to get contents to the bottom. Remove stopper and reconstitute with 5.0mL of purified water for Whole Blood testing. Dilute the stock 1:10 with physiological saline for PRP testing. Allow to sit for 10 minutes with occasional inversion. | <i>Lyophilized Reagent:</i> Until expiration date refrigerate at 2 - 8°C. <i>Reconstituted Reagent:</i> 3 months, store frozen at -70°C in the dark and in 100 µL aliquots. <i>Working Stock:</i> 8 hours at 2 - 8°C in a dark container. | <i>Diluted/Undiluted Blood:</i> Add 5 µL of Stock Solution to 1 mL sample for a concentration of 50 µM. Aggregation and ATP release may be seen in Whole Blood at a concentration of 50 µM. <i>PRP:</i> Add 5µL of 1:10 Diluted Solution to 500µL sample for a concentration of 10µM. Normal Aggregation and ATP release is seen with 5 - 10 µM in PRP. NOTE: Normal subjects exhibit considerable variability that is not correlated with age, sex, stress, diet, platelet count or hematocrit. |
| Ristocetin Cat. #: 396 Stock Conc.: 125 mg/mL | Stabilized freeze dried ristocetin. | Tap vial gently to get contents to the bottom. Remove stopper and reconstitute with 0.5mL of purified water . Restopper and allow to sit for 10-15 minutes. Visually inspect bottom of vial to confirm reagent is fully in suspension. Invert gently to take up any reagent remaining in stopper and allow to sit for another 10-15 minutes until all particulate matter is well dissolved. May have a clear to brownish color suspension after reconstitution. Never shake reagent. Swirl gently just before use. | <i>Lyophilized Reagent:</i> Until expiration date refrigerate at 2 - 8°C. <i>Reconstituted Reagent:</i> 3 months, store frozen at -20°C in volumes suitable for a day's testing. DO NOT STORE AT -70°C. <i>Working Stock:</i> 8 hours at 2 - 8°C in the dark. | <i>Diluted/Undiluted Blood:</i> Add 8 µL of reagent to 1 mL sample for a concentration of 1.0 mg/mL. Normal aggregation is seen with final concentrations of 0.5 - 1.0. ⁹ <i>PRP:</i> Add 5 µL of reagent to 500 µL sample for a concentration of 1.25 mg/mL. Normal aggregation is seen with final concentrations of 0.9 - 1.25 mg/mL. ¹¹ NOTE: To detect Type 2B or Platelet-Type von Willebrand, test with low concentration Ristocetin (0.25 in Whole Blood and 0.5 mg/mL in PRP). ¹¹ |
| Thrombin Cat. #: 386 Stock Conc.: 10 Units/mL | Lyophilized thrombin from human plasma. | Tap vial gently to get contents to the bottom. Remove stopper and reconstitute with 1.0mL of irrigation grade physiological saline . Allow to sit for 10 minutes with occasional inversion. | <i>Lyophilized Reagent:</i> Until expiration date, store frozen below 0°C. <i>Reconstituted Reagent:</i> 3 months, store frozen at -70°C in aliquots suitable for a day's testing. <i>Working Stock:</i> 24 hours at 2 - 8°C. | <i>Diluted/Undiluted Blood:</i> Add 100 µL of reagent to 1 mL sample for a concentration of 1 Unit/mL. <i>PRP:</i> Add 50 µL of reagent to 500µL sample for a concentration of 1 Unit/mL. <i>Secretion Only:</i> Maximum ATP release is seen with a final concentration of 1 Unit/mL. |

EXPECTED RESULTS

| AGGREGATION RESPONSE WITH SELECTED ABNORMALITIES | | | | | |
|--|---|------------------------------------|--|--------------------------------|-------------------------------------|
| Reagent | Final Concentration | Aspirin Effect**** | Von Willebrand & Bernard Soulier | Storage Pool/ Secretion Defect | Glanzmann's Thrombasthenia |
| ADP | 5 – 20 µM | N, R * | N | N, R * | A |
| Arachidonic Acid | 0.5 mM | A | N | N | A |
| Collagen | 1, 2, 5 µg/mL | 1,2µg/mL 5 µg/mL | N | N | A |
| | | R N | | | |
| Epinephrine | 5 – 50 µM | R* | N | R * | A |
| Ristocetin | 0.25 – 1.0 mg/mL [WB] 0.5 – 1.25 mg/mL [PRP] | Qualitative ⁹ Defect | ** A,R,H *** >70 sec. Lag (vW) | N | Qualitative ¹⁴ Defect |

* Second-wave Inhibited
 ** Type 2B and Platelet-type von Willebrand increased at low concentration of 0.25 mg/mL in Whole Blood and 0.25 - 0.5 mg/mL in PRP.^{10,11} In addition, when cryoprecipitate is added to test sample from patient with Platelet-Type [pseudo] VWD, enhanced response to low concentration Ristocetin will continue, a Type 2B patient will show no response.
 *** To distinguish between von Willebrand & Bernard Soulier, add normal plasma or cryoprecipitate to patient sample, vW patient will respond, Bernard Soulier will not.¹¹
 **** Typical response for donor taking 250 mg aspirin.¹²

ATP SECRETION WITH SELECTED ABNORMALITIES

| Reagent | Final Concentration | Aspirin Effect** | Von Willebrand & Bernard Soulier | Storage Pool/ Secretion Defect* | Glanzmann's Thrombasthenia |
|------------------|---|------------------|----------------------------------|---------------------------------|----------------------------|
| ADP | 5 – 20 µM | A, R | N | A,R | A |
| Arachidonic Acid | 0.5 mM | A | N | A,R | R |
| Collagen | 1 – 5 µg/mL | R | N | A,R | R |
| Epinephrine | 5 – 50µM | A | N | A,R | A |
| Ristocetin | 0.25 – 1.0 mg/mL [WB] 0.5 – 1.25 mg/mL [PRP] | — — | — — | — — | — — |
| Thrombin | 1 Unit | N | N | A,R | R⁵ |

* Higher concentrations of any agonist including Thrombin up to 5 Units will induce ATP secretion with a Secretion disorder but will not with a Storage Pool Defect.⁵
 ** Typical response for donor taking 250 mg aspirin.¹²

Key: A – Absent **H** – Hyper **N** – Normal **R** – Reduced (Compared to Normal Ranges)